



## Groups for adults living with low vision and blindness

**Cam Sight runs monthly rural groups across Cambridgeshire for adults living with a visual impairment, their carers, and their family members.**

**The group provides the opportunity to:**

- **Meet others within the local community with similar experiences and share tips and advice with one another**
- **Socialise regularly and form friendships**
- **Enjoy a range of guest speakers, activities and entertainment**
- **Learn about and explore a range of equipment and aids available from our mobile unit**

**Refreshments are provided!**

### **Where:**

**Chalklands Community Room, Chalklands, Linton, CB21 4JH**

### **When:**

**Every second Tuesday of each month 14:00 – 16:00**

- **14th December (13:00 – 15:00)**
- **11th January**
- **8th February**

### **Fee:**

**We ask for a voluntary £1 per person each group they attend**

### **Transport:**

**Members are encouraged to arrange their own way to the group, however we are happy to help with this and arrange transport if needed**

**Please contact Alex for more information**

**alex@camsight.org.uk • 01223 420033**